

VestiHeal™

Rehabilitation for the Complex Chronic Dizzy Patient

A **HOLISTIC**, EVIDENCE-INFORMED APPROACH TO RECOVERY

A practical online training experience for clinicians who want to make a **real difference** in the lives of patients with persistent dizziness and imbalance.



 <p>COMPREHENSIVE & HOLISTIC</p> <p>Integrates vestibular rehab, habituation, cognitive strategies & lifestyle factors.</p>	 <p>PRACTICAL & CLINICIAN-FOCUSED</p> <p>Actionable frameworks you can use immediately in your practice.</p>	 <p>PATIENT-CENTRED & ENGAGING</p> <p>Tools that empower patients and improve adherence and outcomes.</p>	 <p>MEASURABLE IMPACT</p> <p>Track progress, outcomes & confidence every step of the way.</p>
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LAUNCHING

1ST NOVEMBER

EARLY BIRD

50% OFF

FOR A LIMITED TIME ONLY!

PRE-REGISTER NOW

WHAT YOU WILL LEARN

- ✓ Assessment & baseline profiling
- ✓ Individualised rehab prescription
- ✓ Habituation & exposure strategies
- ✓ Gaze stability & balance integration
- ✓ Cognitive & behavioural approaches
- ✓ Fatigue, sleep & lifestyle optimisation
- ✓ Complex case management
- ✓ Using technology & digital tools
- ✓ Measuring outcomes & progress
- ✓ Relapse prevention & long-term support

Evidence. Empathy. Empowerment.
Better outcomes for every patient.

COURSE INCLUDES

-  10+ HOURS OF ENGAGING VIDEO CONTENT
-  CLINICAL PROTOCOLS & TEMPLATES
-  PATIENT RESOURCES & EDUCATION MATERIALS
-  PROGRAMME EXAMPLES & CASE STUDIES
-  CERTIFICATE OF COMPLETION

COURSE FEE

EARLY BIRD PRICE

£199⁵⁰

50% OFF - LIMITED TIME ONLY!

STANDARD PRICE

£399

INCLUDES LIFETIME ACCESS & ALL RESOURCES

SAVE
£199⁵⁰

WHO IS IT FOR?

-  AUDILOGISTS
-  VESTIBULAR SPECIALISTS
-  ENT & AV PHYSICIANS
-  PHYSIOTHERAPISTS
-  OCCUPATIONAL THERAPISTS
-  NEURO REHABILITATORS
-  CLINICAL TRAINEES & STUDENTS


Evidence-based. Globally relevant. Designed for real-world impact.


BE PART OF THE CHANGE

www.hypatiatraining.com/vestiheal

Empowering you to change lives.



 info@hypatiaclinic.co.uk

 [@hypatia.specialist.clinics](https://www.instagram.com/hypatia.specialist.clinics)



VestiHeal™

Rehabilitation for the Complex Chronic Dizzy Patient

FREQUENTLY ASKED QUESTIONS



1. Who is this course designed for?

VestiHeal™ has been designed for clinicians involved in the assessment or rehabilitation of patients with persistent dizziness and imbalance, including audiologists, vestibular physiotherapists, ENT clinicians, neurologists, rehabilitation specialists, occupational therapists and other healthcare professionals working with complex vestibular presentations.



2. Is this course suitable for clinicians seeing adults, children or both?

The principles of vestibular rehabilitation taught within VestiHeal™ are applicable across the lifespan. Whilst the majority of clinical examples focus on adults with persistent dizziness, the clinical reasoning, communication strategies and rehabilitation principles are equally valuable when adapting care for paediatric patients.



3. Do I need previous vestibular rehabilitation experience?

No. The course has been designed to support clinicians with varying levels of experience. Foundational concepts are explained clearly before progressing to more advanced rehabilitation strategies, allowing both developing and experienced clinicians to benefit.



4. What conditions are covered?

The course explores rehabilitation approaches for a wide range of complex vestibular presentations, including:

- Persistent Postural-Perceptual Dizziness (PPPD)
- Vestibular Migraine
- Unilateral and Bilateral Vestibular Hypofunction
- Persistent symptoms following BPPV
- Visual Vertigo
- Persistent dizziness following concussion / mTBI
- Functional dizziness presentations
- Complex multi-factorial dizziness



5. Is this based on current scientific evidence?

Yes. VestiHeal™ integrates current international evidence with extensive clinical experience in complex vestibular rehabilitation. Throughout the course we discuss the research underpinning rehabilitation, neuroplasticity, sensory integration, predictive processing and patient-centred care, while remaining firmly focused on practical clinical application.



6. Will I receive practical rehabilitation strategies?

Absolutely. One of the primary aims of VestiHeal™ is to provide clinicians with practical tools they can implement immediately within clinical practice. You'll leave with structured rehabilitation frameworks, exercise progression strategies, communication techniques and clinical reasoning tools suitable for managing complex patients.



7. How long will I have access to the course?

Your purchase includes lifetime access to all course content together with future updates released within your purchased version of VestiHeal™, allowing you to revisit the material whenever you need it.



8. Will I receive a certificate?

Yes. A certificate of completion will be awarded following successful completion of the programme and associated learning activities, providing evidence of your continuing professional development.



9. Does the course include downloadable resources?

Yes. The programme includes a comprehensive library of downloadable clinical resources, rehabilitation templates, patient education materials, practical worksheets and clinical tools designed to support implementation in everyday practice.



10. What makes VestiHeal™ different?

Most vestibular rehabilitation courses focus primarily on exercises. VestiHeal™ focuses on people. You'll learn how to combine vestibular science with communication, psychology, neuroplasticity, behaviour change, sensory processing and personalised rehabilitation to help patients with some of the most challenging chronic dizziness presentations encountered in clinical practice.



Why Hypatia?

At Hypatia, we believe exceptional clinical care begins with exceptional clinical thinking. Our Experiences combine scientific rigour, beautifully designed learning, practical clinical application and genuine compassion—helping clinicians not only expand their knowledge, but transform the way they see, understand and care for their patients.

*“Evidence.
Empathy.
Empowerment.
Better outcomes
for every patient.”* 